



## FAMILY GUARDIAN & BAHAMAHEALTH MAKE A HEARTFELT DONATION

For the past three years Family Guardian and its group division, BahamaHealth, have been major sponsors of the Bahamas Heart Association's (BHA) Go Red for Women healthy heart initiative which brings heightened awareness to the issue of heart disease in women. In presenting the company's 2011 sponsorship pledge to Thelma Johnson, Vice President, BHA (at centre) and Inez Nixon, member of BHA (at right), Family Guardian's Vice President, Group Life & Health Division, Linda Jarrett noted: "We are happy to partner with the Heart Association once again in this important community-wide programme. Heart disease is a primary cause of death and disability for women and the Go Red for Women initiative underscores the importance of healthy diet and exercise, coupled with appropriate medical management, to achieve optimum health. These are key features in our company's ongoing focus on good health for our clients and the public."

Go Red for Women is observed each February and includes public lectures, free health screenings, and the sale of a unique lapel pin – designed and donated by Family Guardian – that demonstrates support for the Go Red campaign.



**CONTACT ONE OF OUR SALES REPRESENTATIVES TODAY**  
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**FAMILY GUARDIAN  
INSURANCE COMPANY**

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